# WHAT IS SEXUAL ASSAULT?

## **DEFINITIONS, FACTS, AND RESOURCES**

Marymount University is committed to establishing and maintaining a safe and nondiscriminatory educational environment in which all individuals are treated with respect and dignity. The University does not discriminate on the basis of sex in its educational, extracurricular, athletic, or other programs, or in the context of employment. The University does not permit discrimination or harassment in its programs and activities on the basis of race, color, national origin, ancestry, sex, gender, gender identification, sexual orientation, disability, age, religion, physical and/or mental disability, medical condition, veteran status, marital status or any other characteristic protected by institutional policy or state, local or federal law.

# **SEXUAL ASSAULT**

Sexual assault is any sexual contact without your consent. Virginia law defines sexual assault as "physical sexual acts perpetrated against a person's will or against a person incapable of giving consent." Acts may include forcible rape, forcible sodomy, sexual assault with an object, forcible fondling, unwanted sexual touching, or attempted rape.

Rape is non-consensual sexual intercourse, including vaginal, anal, and/or oral penetration by a body part or an object, no matter how slight the penetration or contact. Rape is a form of sexual assault.

Rape and sexual assault can happen to individuals of any race, ethnicity, color, sex, gender identity, sexual orientation, religion, class, ability, citizenship and immigration status, and age. Individuals in the LGBTQ+ community and/or gender nonconforming community experience disproportionately higher rates of sexual assault and violence than the general population.

If a person is in a relationship with someone or has had sex with them before, this does not mean that they cannot be sexually assaulted or raped by that person.

Alcohol and drugs can prevent someone from being able to consent. Being under the influence of alcohol or drugs does not imply consent. In most cases, a survivor may be unable to fight back due to trauma, impairment, fear, and/or other factors. Whatever a person does to survive the assault is an appropriate reaction. Rape is a lot more than unwanted sex. Rape is a violent crime that often causes survivors to fear for their life and safety.

## If you think you may have experienced a sexual assault:

- It is not your fault.
- You are not alone.
- Consider seeking medical care for any injuries, STD/STI or HIV medication, or to preserve evidence.
- Know that you do not have to make a decision to report the incident before accessing counseling and/or medical services.

## SEXUAL ASSAULT FACTS

- Among undergraduate students, 26.4% of females and 6.8% of males experience rape or sexual assault through physical force, violence, or incapacitation.
- Among graduate and professional students, 9.7% of females and 2.5% of males experience rape or sexual assault through physical force violence or incorporate in
- force, violence, or incapacitation.

  23.1% of TGQN (transgender, genderqueer, nonconforming) college

A full description of Marymount University policies, resources, and reporting options, can be found on the Title IX Office website at www.marymount.edu/titleix

students have been sexually assaulted. (RAINN, 2022).

Email the Title IX Office at titleix@marymount.edu

## CONFIDENTIALITY

At Marymount University, there are individuals on campus that can offer confidentiality while others ("Mandatory Reporters") have an obligation to report any sexual misconduct when they receive a report. If you are unsure if someone is a confidential source or a mandatory reporter, ask them before you talk.

Confidential resources do not have to report that you came forward for help or support so you can talk to them in confidence that your privacy will be maintained unless someone's life is in immediate danger.

#### On Campus Confidential Resources:

- Student Counseling Services | Berg Hall 1014 | 703-526-6861
- Student Health Services | Berg Hall 1014 | 703-284-1610
- University Chaplain | Gerard Hall | 703-284-1607

#### **Off-Campus Confidential Resources:**

- Doorways for Women and Children | 24-hour Sexual Violence Hotline | 703-237-0881
- Fairfax County Domestic and Sexual Violence Hotline | 703-360-7273
- Virginia State Domestic & Sexual Violence Hotline | 800-838-8238
- National Domestic Violence Hotline (NDV) | 800-799-7233 (SAFE)
- Marymount University Employee Assistance Program for Faculty and Staff | 888-267-8126

## **REPORTING OPTIONS**

#### REPORTING TO THE TITLE IX OFFICE

The Title IX Office receives, responds to, and addresses all reports of sexual misconduct and concerns about gender equity that affect members of Marymount community. They do this by responding to incidents, supporting those who have been harmed, and educating community members on how to create a safe and supportive campus that encourages healthy and respectful relationships. You may submit a report through our online report system by using the QR code below.



### **CAMPUS SAFETY**

Available 24/7 at the Guardhouse (703) 284-1600

Call 911 if you are in immediate danger

#### **LOCAL POLICE**

- Arlington County PD: 703-558-2222
- Fairfax County PD: 703-691-2131
- Virginia State Police: 703-803-0026