

# WHAT IS DATING/ DOMESTIC VIOLENCE?

## KEY THINGS YOU SHOULD KNOW

**Dating/domestic violence is a pattern of behavior in which one partner uses fear and intimidation to establish power and control over the other partner, often including the threat or use of violence.**

### DATING VIOLENCE

- Occurs in current or previous social relationships of a romantic or intimate nature with another individual.
- The existence of such relationship is determined by the Complainant's statement in consideration of the length of the relationship, the type of relationship, and the frequency of interaction between the persons involved.
- Dating violence includes, but is not limited to, sexual or physical abuse or the threat of such abuse.
- Dating violence does not include acts covered under the definition of domestic violence.

### DOMESTIC VIOLENCE

- Violence that is committed by a former spouse or intimate partner with whom an individual shares a child in common or is cohabitating with or has cohabited with the individual as a spouse or intimate partner or a person similarly situated to a spouse of the individual under the domestic or family violence laws of Virginia.
- Domestic violence can also be committed by any other person against an adult or youth individual who is protected from that person's acts under the domestic or family violence laws of Virginia.
- *To categorize an incident as Domestic Violence, the relationship between the Respondent and the Complainant must be more than just two people living together as roommates. The people cohabitating must be current or former spouses or have an intimate relationship.*

### COMMON SIGNS OF ABUSIVE BEHAVIOR IN A PARTNER

- Telling you that you never do anything right.
- Showing extreme jealousy of your friends or time spent away from them.
- Preventing or discouraging you from spending time with friends, family, or peers.
- Insulting, demeaning, or shaming you, especially in front of others
- Controlling finances in the household (taking money, refusing to provide money for necessary expenses).
- Pressuring you to have sex or perform sexual acts you are not comfortable with.
- Pressuring you to use drugs or alcohol.
- Insulting your parenting or threatening to harm or take away your children or pets
- Physical, emotional verbal, or sexual abuse. (www.thehotline.org, 2022)

### DO YOU THINK YOU ARE EXPERIENCING DATING/DOMESTIC VIOLENCE?

- You are not alone.
- It is not your fault.
- Making a safety plan can help you feel safer.
- Consider keeping a log of abusive incidents for your records or for reports to the Title IX Office or law enforcement.
- Know that you do not have to make a decision to report relationship abuse before accessing counseling or medical services.

## CONFIDENTIALITY

At Marymount University, there are individuals on campus that can offer confidentiality while others ("Mandatory Reporters") have an obligation to report any sexual misconduct when they receive a report. If you are unsure if someone is a confidential source or a mandatory reporter, ask them before you talk.

Confidential resources do not have to report that you came forward for help or support so you can talk to them in confidence that your privacy will be maintained unless someone's life is in immediate danger.

### **On Campus Confidential Resources:**

- Student Counseling Services | Berg Hall 1014 | 703-526-6861
- Student Health Services | Berg Hall 1014 | 703-284-1610
- University Chaplain | Gerard Hall | 703-284-1607

### **Off-Campus Confidential Resources:**

- Doorways for Women and Children | 24-hour Sexual Violence Hotline | 703-237-0881
- Fairfax County Domestic and Sexual Violence Hotline | 703-360-7273
- Virginia State Domestic & Sexual Violence Hotline | 800-838-8238
- National Domestic Violence Hotline (NDV) | 800-799-7233 (SAFE)
- Marymount University Employee Assistance Program for Faculty and Staff | 888-267-8126

## REPORTING OPTIONS

### **REPORTING TO THE TITLE IX OFFICE**

The Title IX Office receives, responds to, and addresses all reports of sexual misconduct and concerns about gender equity that affect members of Marymount community. They do this by responding to incidents, supporting those who have been harmed, and educating community members on how to create a safe and supportive campus that encourages healthy and respectful relationships. You may submit a report through our online report system by using the QR code below.



### **CAMPUS SAFETY**

Available 24/7 at the  
Guardhouse  
(703) 284-1600

**Call 911 if you are in  
immediate danger**

### **LOCAL POLICE**

- Arlington County  
PD: 703-558-2222
- Fairfax County PD:  
703-691-2131
- Virginia State  
Police: 703-803-  
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### **DOMESTIC VIOLENCE HOTLINE**

800-799-7233 (SAFE)

Text "START" to 88788

[https://www.thehotline.  
org/](https://www.thehotline.org/)

A full description of Marymount University policies, resources, and reporting options, can be found on the Title IX Office website at [www.marymount.edu/titleix](http://www.marymount.edu/titleix)

Email the Title IX Office at [titleix@marymount.edu](mailto:titleix@marymount.edu)