

# THE BANNER

A Marymount University Student Publication

December 2012 issue

## Marymount Goes Smoke Free

The ban includes all kinds of tobacco products including cigarettes, chewing tobacco, and hookah.

*Sofie Scarlett*  
Staff Writer,

Marymount University kicked off the Marymount University is going smoke-free on January 1, 2013. This total ban will replace the partial ban currently in place. The current policy limits smoking to designated smoking areas away from high traffic areas. The total ban will not permit students, faculty, and staff to smoke anywhere on campus. The ban includes all kinds of tobacco products including cigarettes, chewing tobacco, and hookah. The partial ban was designed to help ease the way to a total smoking ban.

According to SGA Vice President, Maria Damte, the total smoking ban is not a new idea. It is an issue that has been brought to the attention of SGA for many years and Marymount University president, Dr. Matthew Shank, decided to address the issue.

The goal of the smoking ban is to promote healthy living on campus and provide a clean environment for Marymount students. The Student Health Center has played a major role in the smoke-free campaign by providing resources for students who want to quit smoking. Some of these resources include the free weekly “Kicking Butts” smoking cessation program.

Different clubs and organizations

on campus have also been active on this issue. For instance, the Marymount University Dance Team had a table set outside Gerard Dining Hall for smoke-free week pledging “Red Tongues for Red Lungs.” Students who signed their pledge to not smoke for a week were given a cup of Hawaiian Punch.

This issue is not just something exclusive to Marymount. In fact, 820 colleges and universities are smoke free according to the national lobbying organization Americans for Nonsmokers’ Rights.

*“820 colleges and universities are smoke free”*

Two other DC-area schools have recently announced they are going smoke-free: American University and The George Washington University. AU is set to go smoke-free by August of 2013 and GW is still in the beginning stages of its campaign.

One Marymount student said she likes the idea of having clean air. Another agreed but thinks there should still be designated smoking areas on campus. Although reaction seems to be split between smokers and non-smokers, both sides agree that the ban is taking away a right and that it’s not fair to force smokers to quit.

Any student ready to quit or thinking about quitting smoking can find help at the Student Health Center in Berg Hall, room 1014.

### “Kicking Butts” Meetings

When:  
1st and 3rd Tuesday of every month  
Time:  
6:30 p.m. - 7:30 p.m.  
Where:  
Student Health Center

All students, faculty, and staff are welcome

### Upcoming Events

December 10  
Advent Penance Service

December 12  
Feast of Our Lady Guadalupe

December 15  
NYC Shop ‘til You Drop Trip

December 24  
Christmas Eve

December 25  
Christmas Day

December 31  
New Year’s Eve

January 1  
New Year’s Day

January 14  
Spring 2013 Classes Begin

### Inside This Issue:

Marymount Goes Smoke Free	p1
Marymount’s Facelift Continues	p2
A Special Way to be Thankful	p2
Mannino Talks to Health Care Students	p2
MU Admissions Ambassadors	p3
Saints’ Volleyball Breaks Record	p3
Letter to the Editor	p4
What’s the Buzz	p4
Mourning Dr. Sean Hoare	p4

## Marymount's Facelift Continues

Carol Wong  
Staff Writer,

The Blue Goose's days are numbered according to Marymount President Matthew Shank. He anticipates that plans for the redevelopment of the Ballston Center currently in the works could result in a new look within three and a half years if all goes well.

The current structure at the corner of North Glebe Road and Fairfax Drive would be replaced by two buildings, one of which will house Marymount classrooms and offices topped by three floors of rental office space. A second building will have market-rate apartments, some of which may be available to faculty and graduate students. Plenty of parking will be included under both buildings. A landscaped courtyard will

separate them.

For people who live in and around the Ballston and Arlington areas, this news should be welcome.

Meanwhile back on Main Campus, both Butler and Ireton Halls are slated for renovation during the next year.

President Shank said that the pending Gailhac renovations will not be as extensive as those in Rowley Hall, as work will only be done on the interior design of the building. If approved in the new budget, the School of Arts and Sciences will be putting departments together on their own floors. Currently, the Fashion and Interior Design departments share a single floor. Under the plan each department will have its own separate floor. Details will become clear as the plans are firmed up.

## A Special Way to be Thankful

Christina Bulluck  
Staff Writer,

The celebration of the International Thanksgiving at Marymount is a blend of old and new traditions. It is also one of the big events of International Education Week.

The event unites students and staff from all over the

world. Some may be used to eating turkey, stuffing, and pumpkin pie at the end of the meal, while for others, the event is a new experience. The greeting, presented by Aline Orfali, director of International Student Services, offers a warm welcome, in which she discusses how the different elements of the dinner incorporate the Common Ground campaign, especially "Global Perspective."

President Matthew Shank then gave the blessing and carved the turkey for the "family." As he did so he reminisced about being at home with family, ready to pile your plate with food.

The dinner also included songs from the Campus Ministry Chapel Choir, announcement of the winner of the Global Education Photo contest, and a presentation by Harbans Bedi, grandfather of an MU student, about the Diwali festival of lights which is celebrated in the south Asian culture.

This 17th Thanksgiving dinner is a tradition that everyone in the Marymount community should take part in to make new friends and learn something new. It was organized by the International Club, International Student Services, African Caribbean Student Association, South Asian Society and Campus Ministry Association.



*Dinnertime:* Students stop for a group photo during dinner.

THIHA SOE/COMMUNICATIONS



Blue Goose: The Ballston Campus

## Mannino Talks to Nursing Students about Skills for Healthcare Industry

Robert Brown  
Staff Writer,

When you walk into a doctor's office, you're first treated by a nurse. You expect that nurse was employed for their clinical ability. That's still true but Angie Mannino, Senior Vice President of Human Resources at Inova Health Systems, says that there are sets of skills that you can't learn in school but employers look for.

Mannino says that these skills are skills that "can't be taught in schools." These skills are learned through practice and outside the classroom. These skills include communications, interpersonal skills, attention to detail, physical endurance, and the ability to work in a team, among others. These skills, according to Mannino, are soft skills. To see if candidates possess soft skills, employers commonly ask the candidates to go into clinical rounds with the staff to see the candidate's soft skills in action.

Another skill that is crucial in the job hunt is technology, as with most fields. Mannino says that, "everything will change in terms of care." Specifically she mentioned record keeping, geriatrics, and even ICU departments are digitizing. One of the biggest changes is coming in the forms of record keeping and a new system called

EPIC, the industry standard records software. Mannino says that learning the EPIC software, and others, is one of the keys to a job.

But Mannino said that she isn't worried about this generation because we grew up in a technological age, adapting to new technologies isn't hard for us. She showed that by opening her remarks by asking how many in the audience looked her up on LinkedIn, a business networking site. Close to 1/3 of the room raised their hand.

Now you're ready to apply for a clinical job, what do you do? Mannino offered advice on how to get on the right track. First, she said emphasize the softer skills in addition to the clinical degrees and certifications. Second, be open to taking a lower or different position than what you applied for; by doing this, it gets your foot in the door. Mannino said use your contacts and have anyone you know inside the organization to submit your resume, this includes using LinkedIn connections as well. The fourth piece of advice is stay on top of industry trends and best practices. In an interview, the employer will notice that you know. Her last piece of advice is don't be afraid to apply in person. They may just interview you on the spot.



## Blacksburg Hosts Marymount Admissions Ambassadors

*Olivia Fedor w/ Jordana Taylor & Carol Wong  
Staff Writers,*

After a lovely weekend in Hokie Land, the Marymount Student Ambassadors returned with feelings of appreciation for their campus and lots of new ideas. Virginia Tech University hosted its 2nd annual Campus Ambassador Conference in Blacksburg, Va. Representatives from several colleges and universities participated, including some big names such as James Madison University, multiple Penn State branches and nearby Hood College.

Ambassadors and their advisors were able to share their ideas and most importantly, share their traditions and processes of their admissions organizations. For MU's ambassadors, attending the conference gave them the insight into how other organizations functioned, but most important, it helped all MU attendees appreciate how lucky and privileged they are to be the first point of contact when interacting with prospective students and families.

The ambassadors were treated to an inspiring and thoughtful address from keynote speaker Justin Graves, a recent graduate of Virginia Tech and current graduate student studying Higher Education Administration. As an undergraduate student ambassador who gave tours of the large campus in a wheelchair, he emphasized that being the first point of contact is fundamental in any admissions group. It is important, as student ambassadors, to share a positive outlook about the campus as well as experiences that go along with the college journey.

At a subsequent monthly meeting of MU's ambassadors their supervisor and Associate Director for Operations in Undergraduate Admissions, Jordana Taylor, reminded them about how much appreciation that goes into any type of leadership position and organization.

The ambassadors interacted with other tour guides and shared funny stories along with ridiculous experiences. To get the Marymount Community more excited, The Office of Undergraduate Admissions has already begun the hiring process for next semester and the next school year.



Marymount Student Ambassadors

**Contact the Office of Undergraduate Admissions to learn how to become a Student Ambassador.**

## Saints' Volleyball Breaks Records



The Marymount Womens Volleyball team

*Shannon Bisselink  
Staff Writer,*

School records were set this year by a seemingly unstoppable force, Marymount's Women's Volleyball team, which completed its season with 26 wins.

In addition, the Saints reached the finals of the Capital Athletic Conference Tournament for the fourth time in history earning four players All-Capital Conference honors.

Senior Jenn Forbes received First Team All-CAC, while sophomore Erin Allison and seniors Michelle McCormick and Melissa Warren picked up Second Team achievements. Warren credits much of her team's success to mutual trust.

"We all had the same goal to make it to the CAC Championship game," Warren said. "After we began trusting each other we began to play to our fullest potential."

And the Saints certainly did just that. After a rocky start in Virginia Beach, the team went on to a seven-game winning streak, topping rivals such as Catholic.

Forbes was subsequently named CAC Player of the week averaging 3.44 kills per set while hitting at a .394 clip.

A team effort helped the Saints compile a nine-game winning streak after a loss to Widener in Aston, Pa. Warren believes the team's effort to overcome challenges and adversity is what really helped it to thrive.

"As a team, we knew we had the talent and drive to be successful and have a successful season," Warren said. "However, just like every other team, we had a few hurdles, the biggest one was figuring out how our teammates play."

With the help of Head Coach,

Beth Ann Wilson, and assistant coaches, Victor Troyan, Johannah Zabal and Stan Stemp, the team was able to put together a winning combination for the CAC.

"We worked hard during practice, taking advice from coaches and playing as one team which is what got us to the finals," Warren said.

With a conference record of 4-2 and a non-conference record of 22-8, the Saints were able to tackle the conference tournament from a second-seed position.

Opening the CAC Semifinals against St. Mary's, the team had an outcry of support and fans there to cheer them on to a 3-2 win.

Standout, Freshman Morgan McAlpin, recorded a career-high 17 kills with a .441 clip and adding in seven blocks.

Collectively though, the team excelled, Forbes and Johanna Hummel adding double-digit kills, Warren with 49 assists and McCormick, Allison and Cassidie Watson all collecting double digit digs respectively.

"I would have to say my favorite moments were when my teammates would play with so much heart," Warren said. "The whole team effort and the way we played as a team are the moments that I'll never forget."

With that, the team was on to the final to take on 15th ranked Salisbury on the road. Leaving it all on the court, the Saints fell short despite a hard effort and standout performances from McAlpin, Hummel, McCormick and Emily Shultis.

Despite a final loss, the Saints had much to be proud of, finishing the season with a combined record of 26-10, a school record for single season wins.



# Letter from the Editor

Since the Winter Solstice (or more scientifically known as the December Solstice) has not yet occurred, daylight is becoming scarcer by the day. As I find myself needing to stay up later to complete my senior workload, I am struggling more and more because it gets dark so early. While I know this is no new phenomenon, this semester the shortened time of daylight has seemed to hit me increasingly more than in years past.

For me, nighttime means bedtime, and having to fight the urge to sleep has made it extremely difficult to get motivated right now. This means I have to make a pot of coffee in the evening time and then I hardly get any sleep at all!

I have never understood those who complained about the summer time heat; as I know there are many tradeoffs in late fall in winter that I NEVER look forward to (cold, short days, snow, etc.). I would pick hot sticky weather over the wintertime blues any day! In fact, if it weren't for Christmas and New Years, my absolute favorite time of the year, then I would want to fast-forward through winter all together.

While Christmas is my favorite time of year, I also find it to be increasingly stressful every year. As I get older I can't help but think: at what age do the holidays stop becoming this mystical time of joy and start becoming stressful? Is it when you realize Santa isn't real? (Sorry, spoiler alert!) Or maybe perhaps when you realize you have to pick up an extra holiday job just to pay for presents for everyone?

I'm not sure. But I do know that I spend hours searching through "perfect gift" guides, trying to find the one perfect present for everyone on my list. So while the holidays are incredibly beautiful and I LOVE Christmas/holiday music, I can't help but wish I could enjoy these times like I did when I was a little girl.

As it gets closer to the end of the semester I am also reminded that this is my last issue as Editor-In-Chief of The Banner. This has been quite an opportunity and I wish you all luck, love and happiness for the New Year. CHEERS!

Nicole Howard,  
Editor-In-Chief

## Mourning Dr. Sean Hoare, Professor of Literature

Christina Bulluck  
Staff Writer,

Dr. Sean Hoare, professor of Literature and Languages at Marymount since 1980 died on November 11th, after a long illness. A Mass was held in his honor at Our Lady Queen of Peace Church in Arlington.

He was a graduate of The Catholic University and taught both there and at Georgetown University before coming to Marymount, where he taught many students who have pleasant memories of his efforts to push them to write well and explore new authors.

On learning of his death, many students took to social media, such as Facebook, to express their sentiments and remember Dr. Hoare. From both alumni and current students, every message was positive about how he was an inspirational professor, with an unending love for literature.

Donations in Dr. Hoare's memory can be made to the Sean R. Hoare Scholarship Fund at Marymount University.



## What's the Buzz

- Marymount's Annual Christmas Concert will be held December 9th at 4 p.m. in the Reinsch Library Auditorium.
- Submissions for Blueink, Marymount's literary arts magazine are due December 14th and January 25th. You can get more information at: [sites.google.com/a/marymount.edu/blueink](http://sites.google.com/a/marymount.edu/blueink)
- In case you didn't know, Spring 2013 classes begin on January 14th
- The main road through the heart of main campus will be closed as of January as part of the implementation of the new campus master plan. It's designed to make the campus more pedestrian friendly.
- Women's basketball home game against Richard Stockton on January 14th at 7pm.
- Men's Basketball home game against Ferrum on January 16th at 7:30pm.
- If you would like to sing, dance, act, or be a host for the International Banquet in the spring, please email [muintlclub@gmail.com](mailto:muintlclub@gmail.com)
- Tadashi Shoji will be honored as Marymount's 2013 Designer of the Year at Portfolio in Motion in May.

### Banner Staff

#### Editor-in-Chief

Nicole Howard

#### Art Director

Victoria Meyers

#### Writers

Sofie Scarlett  
Shannon Bisselink  
Christina Bulluck  
Olivia Fedor  
Jordana Taylor  
Carol Wong  
Robert Brown