



2024 Senior Living in Alexandria Speaker Series

A photograph of a woman with long brown hair, wearing a pink shirt, crouching down to assist an elderly man with grey hair, wearing a light blue shirt. The man is holding a black cane and looking down. They are outdoors on a paved path with green foliage in the background.

FALL PREVENTION PROGRAM AND SCREENING OF SAVING CLAIRE

WITH SENIOR SERVICES OF ALEXANDRIA, AT HOME IN ALEXANDRIA,
AND NORTHERN VIRGINIA FALLS PREVENTION ALLIANCE

WEDNESDAY, FEBRUARY 21 ST – 1:00-3:00PM

BEATLEY CENTRAL LIBRARY, 5005 DUKE STREET

Senior Services of Alexandria and At Home in Alexandria are teaming up with the Northern Virginia Falls Prevention Alliance for a special Fall Prevention Workshop including the screening of the documentary "Saving Claire" about one woman's life after a fall. This will be followed by a panel discussion on the importance of fall prevention.

THE EVENT IS FREE, BUT PLEASE REGISTER BY EMAILING
EVENTS@SENIORSERVICESALEX.ORG OR CALL 703-836-4414, EXT. 110.